



Moments & Memories

Congratulations Crystal Misner, RN!

Crystal has worked as a CNA with us since April of 2006 and is celebrating her 11th Year with us. She is also celebrating finishing her Nursing Degree at KVCC and has passed her boards to move on to being a 3rd shift Registered Nurse with us. Congratulations to Crystal on all of your hard work, and thank you for your dedication to the residents of ACMCC! ■



Activities at ACMCC

Al and Wayne from the Generations Day Program are working on some wood working projects during Men's Group.

A group of our residents and staff got together to work on some posters for our Eden Alternative class our staff was involved in. (See photos on page 3.) The posters were to represent what we would like Nursing Homes to be like in the future. Staff and residents had a good time dreaming of the future. ■

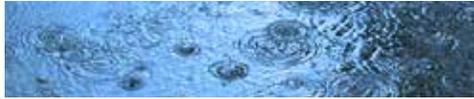


EDUCATION CORNER: C-DIFF AWARENESS

ACMCC has recently joined on a Quality Assurance Performance Improvement (QAPI) initiative to prevent and reduce Clostridium difficile (C-diff) in nursing homes. This initiative will support nursing home submission of data into the CDC's National Healthcare Safety Network (NHSN) databank, which will provide analysis and creation of a national baseline for C-diff infections in nursing homes, as well as for additional follow-up measurement periods. When facilities track infections, they can identify problems and track progress toward stopping infections. While 50 states currently report hospital C-diff data into NHSN, only 250 of the country's 15,700 nursing home currently report C-diff data. We are proud to join this initiative!

What is clostridium difficile anyway? Clostridium difficile [klo-strid-ee-um dif-uh-see] (C. difficile) is a highly contagious bacterium that causes inflammation of the colon, known as colitis. When a person takes antibiotics, good germs that protect against infection are destroyed for several months. This leaves room for more resistant "bad" bacteria such as C. Difficile to be acquired and take over. Patients can get sick from C. difficile picked up from contaminated surfaces or spread from a health care provider's hands. Those most at risk are people, especially older adults, who take antibiotics and also get medical care.

Continues on page 3 —



The Allegan County Medical Care Community DHHS Board

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 Activities 673-2102 ext 4976
 PERRIGO MEMORY 673-0598
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 Rehab Unit 686-4688

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3265 122nd Avenue, Allegan MI 49010
 www.AlleganCountyMCC.org



STAFF & VOLUNTEERS

Welcome Our New Staff!



Laurie Harthun,
CNA



Megan Earl,
Cook



Kathryn Hunt,
RN



Amanda Thompson,
CNA



Andrew Marvin,
CNA

Staff Anniversaries March, 2017

Tammy Smith 17
 Kimberly Turcott 15
 Matt Herring- 4
 Terry Ignatoski- 3
 Kathy Sleeman 3
 Judy Thompson 3
 Kim Balgoyen 2
 Betty Poppema 2
 Kellie Wolthuis 1
 Danny Moon 1
 Greg Ralicki 1
 Amber Andrews 1

Staff Anniversaries April, 2017

Robin Jones- 13
 Crystal Misner- 11
 Shelly Grauman- 9
 Tina Mikel-
 Karen Tripp- 3
 Vanetta Jones- 1

Comings & Goings

Welcome to:	Goodbye to:
Vicky Moran	Patty Yancey
MaryAnn Leverence	Larry Whittaker
Jim Haven	Victoria Moran
Carrie Nielsen	Shirley Breon
Larry Whittaker	Michael O'Connell
June Uramkin	Helen Waldron
Maude Pettit	Gladys Bynum
Esther Godfrey	Harold Dunlap
Harold Morgan	Linda Tiller
Patty Yancey	Sarah Richardson

VOLUNTEER OPPORTUNITIES!

- Resident Activities Support
- Beauty Shop Volunteers
- Spiritual Support
- Entertainment



For more information contact **Kim Turcott** —
 Phone: (269) 673-0498 or
 kturcott@allegancounty.org

RESIDENTS & FAMILIES



Resident Birthdays for March

Ron Wheeler10 Apr
Char McKinnon12 Apr
Marjorie Haugom24 Apr



Together we remember...

Bernice Hummel
Max Whisler
Ragie Buck
Carol Germain
Jack Webber
Annaleise Miller
Reva Garlock

Our thoughts are with their families.

C-DIFF AWARENESS *(continued from page 1)*

Symptoms include:

- Watery diarrhea (at least three bowel movements per day for two or more days)
- Fever
- Loss of appetite
- Nausea
- Abdominal pain/tenderness

Why is *C. difficile* such a concern? According to the CDC, it has caused almost half a million infections among patients in the US in 2011. More than 80% of the deaths associated with *C. difficile* occurred among americans aged 65 or older. 1 out of 9 patients aged 65 or older with a healthcare-associated *C. difficile* infection died within 30 days following their diagnosis. While there is treatment available for *C-diff*, the type of medications that can be used are few in number, and sometimes they don't always work.

What can we do to help prevent this? Take antibiotics only as prescribed by their doctor and complete the prescribed course of treatment. Tell your doctor if you have been on antibiotics and get diarrhea within a few months. Wash your hands before eating and after using the bathroom. Try to use a separate bathroom if you have diarrhea, or be sure the bathroom is cleaned well if someone with diarrhea has used it. (If someone has a confirmed case of *C-diff*, only bleach products can kill active *C. difficile* spores).

Remember, proper hand washing is one of the single most effective means of preventing any type of transmissible infection. ■



Upcoming events for April, 2017 —

Tuesdays and Fridays at 10:00 a.m. in Generations:
Get Up & Go! Exercise Group.

Bingo Wednesdays in Generations

Pastor Dave's Bible Study every Monday at 10:00 a.m.

Resident Choice Lunch

Fried chicken – white and dark meat – or
Jumbo fried shrimp

French fries or baked potato

Green bean casserole or Asparagus

Homemade white bread or
homemade wheat bread

Strawberry shortcake or
Pecan pie



Another Rehab Success Story!

Another success! Patty Yancey returned home this month after receiving some physical therapy after being hospitalized with Pneumonia. This was Patty's first ever experience with us and her recovery went very well. When our staff asked Patty about her experience here she told us, "This is a fantastic place to be. It's a



very clean, nice place to stay and everyone is taken care of well. I really enjoyed talking to everyone and meeting so many new people. Everyone was very friendly and helpful and always answered all of my questions. This would be my number one choice if I ever need it again." ■
